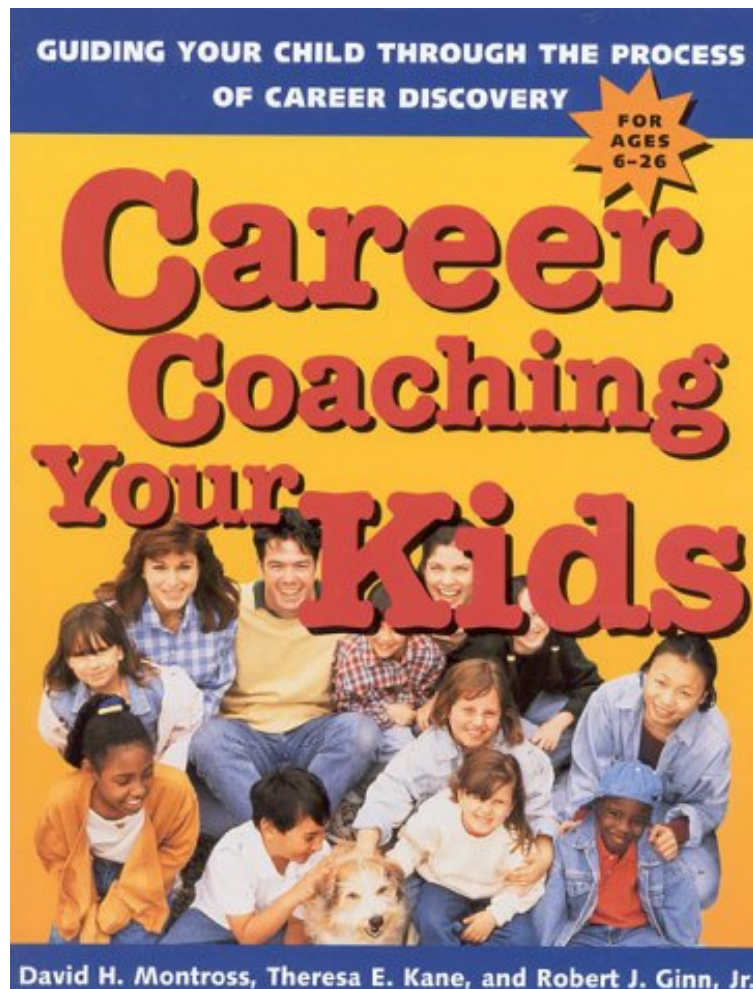


Career Coaching Your Kids: Guiding Your Child Through the Process of Career Discovery

David H. Montross

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David H. Montross : Career Coaching Your Kids: Guiding Your Child Through the Process of Career Discovery before purchasing it in order to gauge whether or not it would be worth my time, and all praised Career Coaching Your Kids: Guiding Your Child Through the Process of Career Discovery:

0 of 0 people found the following review helpful. CAREER COACH RECOMMENDS CAREER COACHING YOUR KIDSBy GFIf I were to write a book on career coaching for kids, it would be EXACTLY like this. The authors have done a wonderful job in creating a book that is not only useful, but thought provoking for parents. It had me sold when they talked about following the lead of the child and feeding their interests. It seems simple enough, but when parents (naturally) view their children as extensions of themselves, it poses a significant challenge for many. With well-written wisdom that will benefit parents with kids of all ages, I highly recommend this book. The price here on

practically makes it free. Get it today!0 of 0 people found the following review helpful. I feel happy that I purchased it!By CustomerExcellent guide for parents to help themselves and their kids on career planning, guidance and choice.16 of 16 people found the following review helpful. A Comprehensive Guide to a World of Possibilities!By A CustomerThis book is an excellent guide for parents who want to be able to provide their children with appropriate opportunities to focus their talents and interests into a life path. The book includes many exercises and stories of individuals and goal-setting guidelines, as well as lists of questions to ask your children to help them identify what it is they would like to do when they grow up, a question many of us still ask ourselves well into our careers. In a world of bewildering choices, this book gives parents a chance to help their children (and themselves!) find an anchor that will enrich and bring meaning to their lives. I highly recommend it--you'll refer to this book time and again

Shows parents how to help their children make career decisions.

From the Inside FlapParents exert enormous influence over their children's career choices, as both role models and advisors. But navigating the fine line between guiding and dictating those choices can be difficult, and parents can easily fall into the trap of too little or too much involvement. CAREER COACHING YOUR KIDS, completely revised and updated in this second edition, gives parents the help they need. Drawing on their collective experience in college-level counseling, career counseling in major corporations, and community service work with high school students and their parents, the authors describe in detail the lifelong process of career decision making. They identify the different roles parents can play at each stage and the most appropriate steps to take as children progress and grow into adulthood. Matching key events in the development of children, adolescents, and young adults with the parental tasks necessary to guide career choice, CAREER COACHING YOUR KIDS provides hands-on tools and tips, along with vivid examples and stories, aimed at helping children explore career options. This new edition, based on the authors' continued research, offers a new preface, updated text, and an expanded Parent Tool Kit, and also includes exercises for children to complete--a feature requested by parents themselves.

About the AuthorDavid H. Montross, Ed.D., is a Partner with the Camden Consulting Group, a management consulting firm that specializes in leadership development and executive coaching. He is the author of Real People Real Jobs and two other career development books. Theresa E. Kane, Ph.D., is Director of The Academy of Professional Skills Development. Robert J. Ginn, Jr., is a career counselor in private practice and former faculty member and director of career counseling at Harvard University.

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PREFACE TO THE SECOND EDITION

When we decided to write the first edition of CAREER COACHING YOUR KIDS, we believed there was a compelling need for it. Now, not only are we more certain that the need exists, but we are convinced it has grown. The number of jobs available has decreased markedly, making a well-thought-out career plan more important than ever. Interesting and challenging jobs at the beginning of a career can open doors in the future, and those interesting and challenging jobs will go to those who know what they want and have done some preparation. Since the first edition was published, we have met with career development professionals and parents who attended workshops we developed based on the ideas contained in the book. We have met with parents of high school students and of students about to graduate from college. We have had important dialogues with high school guidance counselors and college career planning professionals, about both their coaching challenges and their frustration with how to help parents take a more active and helpful role. We have given presentations to professionals in a variety of fields. With all of these audiences, we found receptivity to and acceptance of our thesis that parents influence their children's career discovery process, and that they need assistance to do so constructively, and we encountered interesting challenges to some of our core ideas that forced us to expand our thinking and perspectives. Soon after our first edition was published, new psychological literature confirmed our concerns about the impact parental overinvolvement can have on a person's career decisions. Children who follow paths they think their parents want them to follow, instead of discovering for themselves who they can become, can experience long-term frustration and job dissatisfaction. As Mary Jacobsen (1999) noted in her book HAND-ME-DOWN DREAMS, hand-me-downs may serve a functional purpose, but they are most often not what direction they are led, willingly or not. At the same time we met many parents who had adopted a hands-off approach that left them frustrated by their children's indecision. Our model of appropriate levels of parental involvement was upheld. Unfortunately, our experiences also reinforced our belief that many high school and college students have limited access to high-quality career services. Overworked high school counselors are forced to focus on many other problems young people face today, with career planning ranking low on the list of priorities. While there were certainly many encouraging exceptions, and some select state education systems that have placed a high priority on career education, parents overall cannot assume that this important aspect of their child's life is being properly and adequately attended to by the child's guidance counselor. With rising tuition costs, parents and children cannot afford to make haphazard last-minute choices about the direction they plan to head, or even make assumptions that college is the only appropriate choice. Finally, an observation that led to some of the additions to this edition: While the majority of resources (books, workbooks, videos, etc.) in 1997 were geared toward high school and college-age students, with few available for parents, a review of the popular literature in 2003 revealed a dramatic increase in resources for

middle school and, to a lesser extent, elementary school students. This was an encouraging sign that people are recognizing that career decision making should not begin in junior and senior high school. Yet there are still few resources available for parents, most drafted by high school counselors as part of their career curricula, and very few that help younger children open up their imaginations about work roles. So we are pleased to be able to offer you this second edition, with a much-expanded summary and resource section and new ideas to consider as you continue down this important path. We hope you find this edition helpful, and as always we welcome your comments and reactions. If we have learned anything, it is that everyone has his or her own story to tell on this topic, and it is the richness of the stories we hear that informs and encourages us.