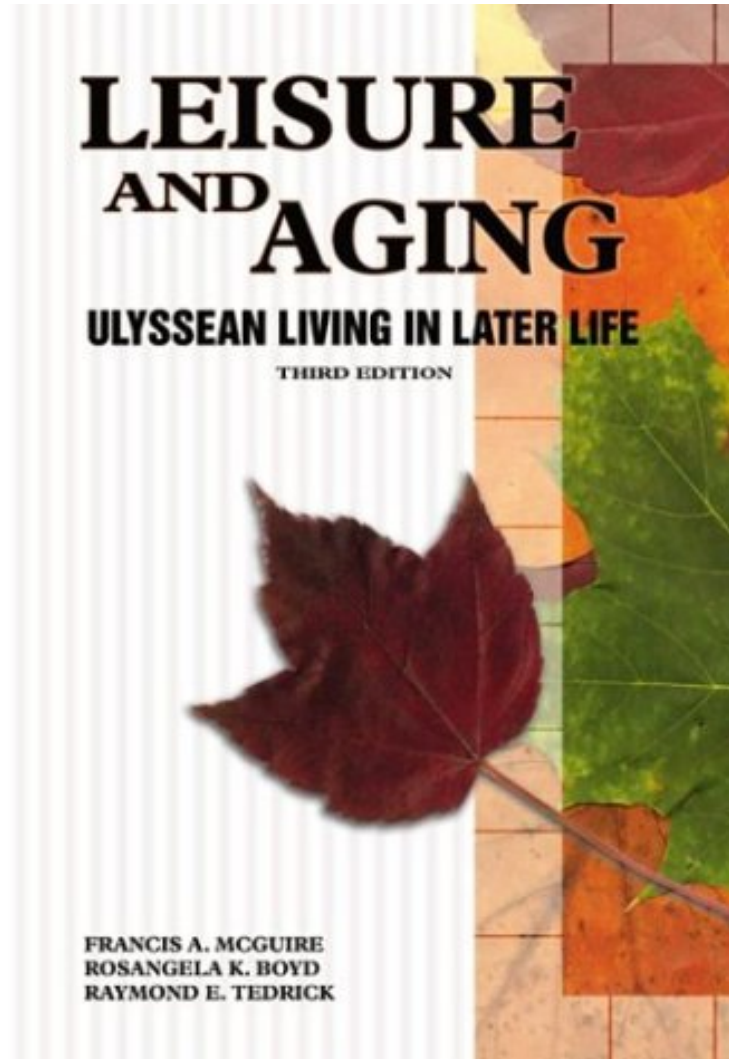


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Leisure and Aging Ulyssean Living in Later Life

Francis A. McGuire, Rosangela K. Boyd, Raymond E. Tedrick
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Francis A. McGuire, Rosangela K. Boyd, Raymond E. Tedrick : Leisure and Aging Ulyssean Living in Later Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Leisure and Aging Ulyssean Living in Later Life:

0 of 0 people found the following review helpful. Five StarsBy Juanita Marie SalazarGreat book.0 of 0 people found the following review helpful. Now in an updated fourth editionBy Midwest Book ReviewNow in an updated fourth edition, Leisure and Aging : Ulyssean Living in Later Life is a surprisingly scholarly examination of how leisure can contribute positively to the later years of one's lifespan. Chapters discuss theoretical perspectives on aging, psychological aging, ways to enhance the leisure experience, leisure and recreation in long-term care, and much more.

A thoughtful, in-depth study supported by careful research, especially recommended for health care reference libraries. "Facilities may need to be designed to compensate for limited mobility of the resident. The use of one level in facilities, if at all possible, is recommended. If that is not possible, an elevator may be needed for residents to use programs and facilities on the second floor. Thresholds into rooms should be eliminated to facilitate movement by wheelchairs. Good lighting in corridors and over any existing steps is important in reducing accidental falls. Handrails in traveled areas and in bathtubs are useful prosthetic devices. Slippery surfaces and loose rugs should be avoided."² of 2 people found the following review helpful. AgingBy MaryThis book uses an interesting comparison of the mythical figure Ulyssus and the aging process. Although interesting, there is little practical substance to apply to the average person who suffers the negative effects of aging.

The authors of this book acknowledge that older individuals today are generally healthier, more financially secure, and more independent than previous cohorts. They have therefore designed a book to help identify ways in which leisure might contribute positively to later life. Rather than leisure being seen as just a substitute for loss of activity engaged in earlier in life, the book espouses the proposition that leisure can provide new pathways for growth and development. The subtitle, *Ulyssean Living in Later Life*, reflects the idea that the elderly should be open to new ideas and opportunities just as Ulysses was when he embarked on his epic journeys of adventure in the later years of his life.