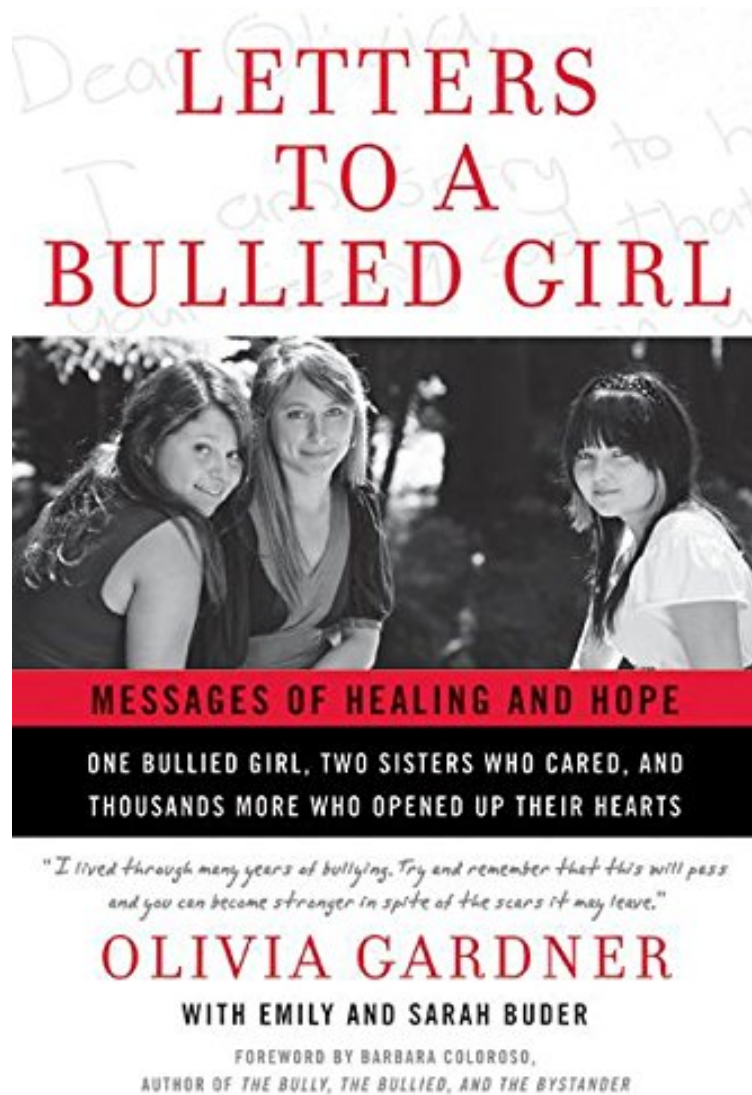


(Download) Letters to a Bullied Girl: Messages of Healing and Hope

## Letters to a Bullied Girl: Messages of Healing and Hope

Olivia Gardner, Emily Buder, Sarah Buder  
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#1016692 in Books Olivia Gardner 2008-08-05 2008-08-05 Original language: English PDF # 1 8.00 x .54 x 5.311, .40 #File Name: 0061544620201 pages Letters to a Bullied Girl Messages of Healing and Hope | File size: 64.Mb

Olivia Gardner, Emily Buder, Sarah Buder : Letters to a Bullied Girl: Messages of Healing and Hope before purchasing it in order to gauge whether or not it would be worth my time, and all praised Letters to a Bullied Girl: Messages of Healing and Hope:

3 of 3 people found the following review helpful. Letters to a Bullied Girl By Robert P. Schulman I've been aware of this all-too-common type of oppression by certain persons against others since I was a youngster at school. I stopped

my oppressor by fist-fighting him, and as with all bullies, he never bothered me afterward. - - This book is so fascinating, just to read the letters of people from everywhere and from all walks of life recount their experiences and read their spiritual support. - - Also, the proactive two sisters, Emily and Sarah Buder, who started this whole rescue operation public deserve recognition, if not a medal of some kind. 1 of 1 people found the following review helpful. Letters to a Bullied Girl By Seeking Spirit This book offers support for anyone who is being or has been bullied. I especially liked the inclusion of letters from former bullies and the insights from many older people who give a long perspective of the effects of bullying. This is a problem which is not likely to go away, so having more tools and awareness to deal with it is very beneficial. 0 of 0 people found the following review helpful. Worth the read for any parent/student dealing with bullying By Jess I purchased this book for a research paper I was writing but ended up not using it as a source but instead as reading material for pleasure. If your child is being bullied, pick it up.

Olivia Gardner, a northern California teenager, was severely taunted and cyber-bullied by her classmates for more than two years. News of her bullying spread, eventually reaching two teenage girls from a neighboring town, sisters Emily and Sarah Buder. The girls were so moved by Olivia's story that they initiated a letter-writing campaign to help lift her spirits. It was a tender gesture of solidarity that set off an overwhelming chain reaction of support, encouragement, and love. In *Letters to a Bullied Girl*, Olivia and the Buder sisters share an inspiring selection of messages that arrived from across America: the personal, often painful remembrances of former targets, remorseful bullies, and sympathetic bystanders. *Letters to a Bullied Girl* examines our national bullying epidemic from a variety of angles and perspectives, and includes practical guidance from bullying expert Barbara Coloroso, author of *The Bully, the Bullied, and the Bystander*. Though addressed to Olivia, the letters speak to all young people who have been bullied, offer advice and hope to those who suffer, and provide a wake-up call to all who have ever been involved in bullying.

... At a time when traditional bullying has been compounded by the viral nature of the web, *Letters to a Bullied Girl*, strives to show that there's a way to fight this abuse. (Ann Pleshette Murphy, Good Morning America parenting contributor and author of *The 7 Stages of Motherhood: Loving Your Life Without Losing Your Mind*) *Letters to a Bullied Girl* is a must read for all young people. Instead of analyzing or proselytizing, it takes us right into the heart of the matter... (Madeline Levine, Ph.D., author of *The Price of Privilege: How Parental Pressure and Material Advantage are Creating a Generation of Disconnected and Unhappy Kids*)... This powerful book can help bolster a wounded sense of self, offer a community of support, and deflect the barbs of cruel sad cowards... *Letters to a Bullied Girl* is not just helpful and heartwarming--its potentially life-saving. (Carol Weston, author of *Girltalk: All the Stuff Your Sister Never Told You* and *The Diary of Melanie Martin* and advice columnist at *Girls' Life Magazine*) This book shows how one girl's life was transformed through the moral courage of others... For all the parents who ask me what they can do to help their child, this book will comfort and inspire. (Rosalind Wiseman, author of *Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence*) As I read Olivia's story, I couldn't help but wonder if these same letters could have helped my son Jared, who died by bullycide. ... At some time in our lives, couldn't we all use such letters to help us through our worst moments? (Brenda High, Founder, Co-Director, Bully Police USA; author of *Bullycide in America*) Emily and Sarah Buder are powerful examples of what an incredible impact you can make by speaking up... This book is an inspiration and a powerful call to action... (Suzanne Shulman, Program Director Leave Out Violence (LOVE)) LETTERS could (and should) be a wake-up call to school administrators and parents that is, those who are blissfully unaware that the problem isn't going away ... Its also an excellent resource for teens, both for those who are being bullied and for those who are standing by watching it happen. (ed by Alexis Burling, Teenreads.com) About the Author Olivia Gardner is a 14 year old Middle School student from Novato California who was bullied for more than two years at three different schools after having an epileptic seizure one day in class. The bullying worsened when students created an "Olivia Haters" web site on MySpace. Today Olivia is home schooled by her mother. Emily and Sarah Buder, sisters from Mill Valley, first learned of Olivia's story in March 2007 and were inspired to ask fellow students to write letters to raise Olivia's spirits. With growing media attention and the Internet, what began as a project to send Olivia a few encouraging letters grew with near 3,000 "Dear Olivia" emails and hand-written letters flooding in from around the nation and world from people of all ages, including bullies themselves. Emily and Sarah Buder, sisters from Mill Valley, first learned of Olivia's story in March 2007 and were inspired to ask fellow students to write letters to raise Olivia's spirits. With growing media attention and the Internet, what began as a project to send Olivia a few encouraging letters grew with near 3,000 "Dear Olivia" emails and hand-written letters flooding in from around the nation and world from people of all ages, including bullies themselves.