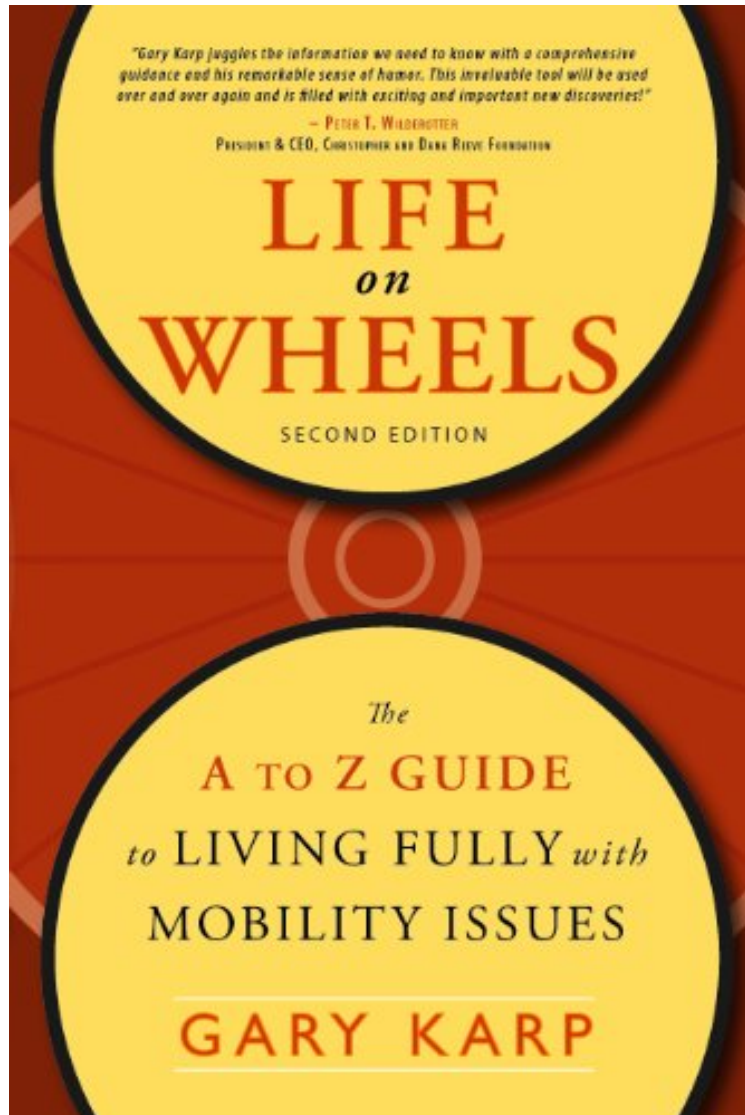


Life on Wheels: The A to Z Guide to Living Fully with Mobility Issues

Gary Karp

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Gary Karp : Life on Wheels: The A to Z Guide to Living Fully with Mobility Issues before purchasing it in order to gage whether or not it would be worth my time, and all praised Life on Wheels: The A to Z Guide to Living Fully with Mobility Issues:

1 of 1 people found the following review helpful. Life on WheelsBy FaithI have just recently been told to get off my ankle. I was having problems with accepting this and how to deal with being out in the public in a chair. This book

helped me see that my thoughts were normal and most people have them. That helped me a lot. I read the book and then went back again to cover the parts that I thought really pertained to me. I will keep the book on hand for further references as I know questions will come up. 1 of 1 people found the following review helpful. Great research tool
By DaniLove this guide, I am writing fiction including a disabled character. For me this book is a great tool to research and learn to make my writing as factual as possible. 1 of 1 people found the following review helpful. Life on Wheels
By DebbieThis one I am reading and it is very good. My husband just recently became a paraplegic due to a fusion. We are trying to deal and this book is right on as far as what to expect. Very good

"There are 1.7 million regular wheelchair users in the United State. Like anyone else, they work, marry, have children, travel, play sports, and are full members of their community. Life on Wheels makes sure they take full advantage of every available opportunity. It is the A-Z guide for all you need to know about every aspect of living with mobility impairment. This unique book offers an initial road map to the lifelong, complex, and fascinating road of the disability experience. Life on Wheels is primarily a guidebook for those with a mobility disability, offering practical information on how to: adapt your home choose a wheelchair explore your sexuality take care of your body and much more! "

"Christopher Reeve said, 'There are struggles and there are resources within that we don't know anything about.' And sometimes we just need a little direction, and in this extraordinary gift to everyone facing mobility issues, Gary Karp juggles the information we need to know with a comprehensive guidance and his remarkable sense of humor. This invaluable tool will be used over and over again and is filled with exciting and important new discoveries!"--Peter T. Wilderotter, President and CEO, Christopher and Dana Reeve Foundation
"If I had to pick one word to describe Life on Wheels, it would be 'empowering.' Gary Karp has a unique talent for making even the most mundane details about access specifications, adaptive equipment and ergonomic design not only seem interesting, but also entertaining. And the vital information he provides in this book empowers people to get out and live. It's a must-have for all wheelchair-users. I didn't think Gary could improve on his excellent first edition, but somehow he has."--Candy Harrington, author of Barrier-Free Travel, founder of Emerging Horizons
"Life on Wheels is an invaluable and comprehensive resource. Whether someone is facing a recent spinal cord injury or still trying to understand a chronic injury, I would highly recommend this book."--Jeffrey S. Johns, MD, SCI Program Medical Director, Brooks Rehabilitation Hospital
"A very informative A-Z road map in regards to not just living but thriving with a disability. The chapters on rehabilitation, health, and the disability experience were invaluable at creating an awareness for many of the barriers and resources available for individuals newly diagnosed with disabilities."--Eli Gelardin, Executive Director, Marin Center for Independent Living
"Life on Wheels is a must-read for all wheelchair users, as well as their friends and family." -- Disaboom " (Disaboom 20100503)
About the Author
Gary Karp is an internationally recognized public speaker, corporate trainer, author, and editor, and was just inducted into the Spinal Cord Injury Hall of Fame as a Disability Educator. His work with university students in physical and occupational therapy is sponsored by the Christopher Dana Reeve Paralysis Resource Center. He has been living with a T12 spinal cord injury since 1973 when he was injured in a fall from a tree at the age of eighteen. Gary is the author of three books and his investigative articles and profiles have appeared regularly in New Mobility magazine. He is the former Executive Editor of SCI Life, the quarterly newspaper of the National Spinal Cord Injury Association, for whom he was also program chair of the 2006 Summit on Spinal Cord Injury. He is also an accomplished musician and juggler, and lives in Northern California with his wife Paula and their yellow Labrador retriever, Nava Leah.