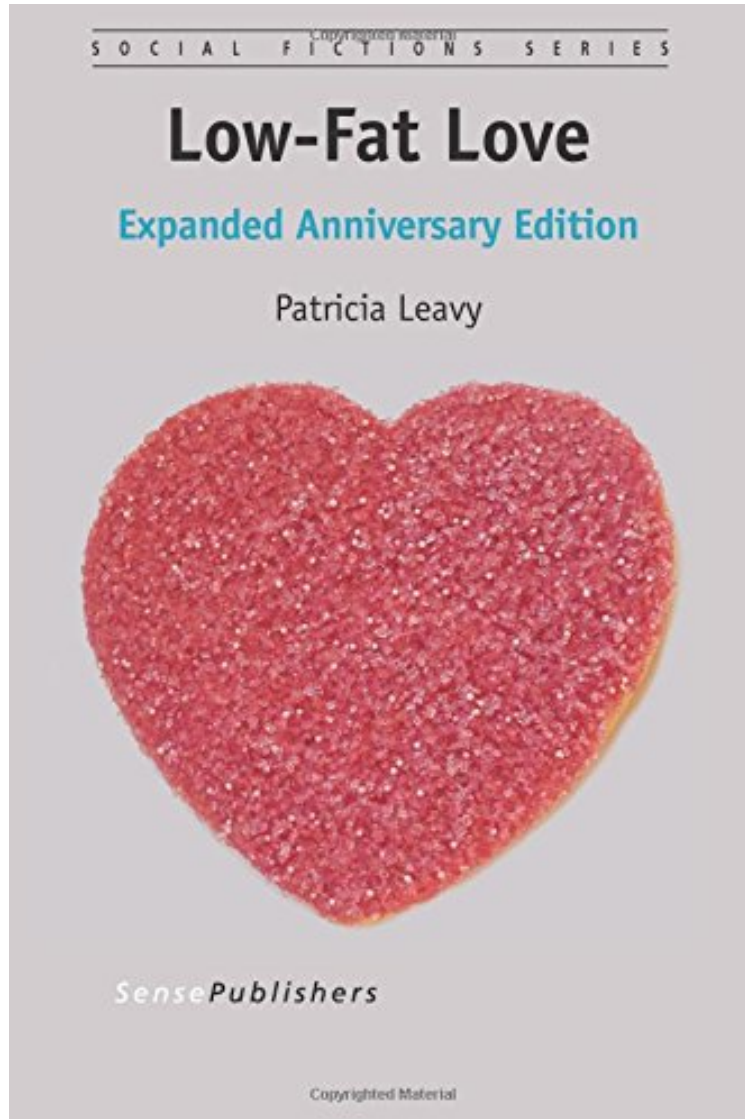


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## Low-Fat Love, Expanded Anniversary Edition (Social Fictions)

*Patricia Leavy*

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#368238 in Books Ingramcontent 2015-01-14Original language:EnglishPDF # 1 9.21 x .50 x 6.14l, .70 #File Name: 9462099901222 pagesLow Fat Love Expanded Anniversary Edition Social Fictions | File size: 27.Mb

**Patricia Leavy : Low-Fat Love, Expanded Anniversary Edition (Social Fictions)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Low-Fat Love, Expanded Anniversary Edition (Social Fictions):

1 of 1 people found the following review helpful. A beautifully written commentary on the dangers of settling and the potential to instead chase our dreamsBy hendersonRemember that time you dated that person who you later realized

was nowhere near good enough for you, didn't treat you anywhere near as good as you probably deserve, and / or simply didn't fulfill you or your dreams for this life? If not a lover, remember similar experiences with jobs? What about with friends? What about any other time you settled instead of chasing your passion to the fullest extent? These are the themes at the heart of *Low-Fat Love* - a title that simply reflects the witty, humorous, and intelligent writing found throughout the novel. Dr. Leavy explores the tendency many of us have to settle for less than we want or need, and does so blending both fascinating characters and years of academic research concerning gender and relationships. In fact, Dr. Leavy does this so seamlessly that readers are likely to learn a whole lot of the information sociologists have demonstrated about relationships and self concepts without ever realizing they're getting a research-based lesson because of just how compelling the story and characters are. Throughout the novel, the characters regularly settle for less, but in so doing, they reveal the ways many of us do this in the real world and suggest ways that we could instead chase our passions and dreams. In the end, *Low-Fat Love* is a startling novel that will likely entertain anyone who opens it, but the true beauty and power of the work exists in the ways the characters' lives suggest and reflect tensions, disappointments, and other aspects of settling most of us deal with in our own lives. There is probably a little bit of these characters in each of us, and that makes for a fascinating read as well as a wonderful chance for self reflection related to our own life choices. 1 of 1 people found the following review helpful. Experiencing this book was so beautiful. . . the lesson of having the courage to settle for nothing less than the richness of life and love was inspiring

*Low-Fat Love* unfolds over three seasons as Prilly Greene and Janice Goldwyn, adversarial editors at a New York press, experience personal change relating to the men, and absence of women, in their lives. Ultimately, each woman is pushed to confront her own image of herself, exploring her insecurities, the stagnation in her life, and her reasons for having settled for low-fat love. Along with Prilly and Janice, the cast of characters' stories are interwoven throughout the book. *Low-Fat Love* is underscored with a commentary about female identity-building and self-acceptance and how, too often, women become trapped in limited visions of themselves. Women's media is used as a signpost throughout the book in order to make visible the context in which women come to think of themselves as well as the men and women in their lives. In this respect, *Low-Fat Love* offers a critical commentary about popular culture and the social construction of femininity. Grounded in a decade of interview research with young women and written in a fun, chick-lit voice, the novel can be read for pleasure or used as supplemental reading in a variety of courses in women's/gender studies, sociology, psychology, popular culture, media studies, communication, qualitative research, and arts-based research. Sometimes, when I read an especially wonderful book I say to myself, I wish I had written that! And that is how I feel about *Low-Fat Love*. To write a page-turner of a book that teaches about contemporary gender relationships is a major feat. Patricia Leavy has done that with *Low-Fat Love*. Brilliant! Laurel Richardson, Ph.D., The Ohio State University Patricia Leavy writes with passion, verve and skill. I will use this in my relational communication and women's studies classes because it is beautiful, relatable, and offers smart critique of how pop-culture's expectations for intimate relationships often lets us down. Leavy offers readers a way to think through their close relationships and demand better of themselves and others. Sandra L. Faulkner, Ph.D., Bowling Green State University I couldn't put it down! *Low-Fat Love* is a remarkable novel that every women's studies class and interpersonal class would do well to read. The title is indicative of the search for meaningful, deep, enriching relationships beyond the artificial, low-fat love that is all too pervasive in society today. I wholeheartedly recommend this book. Robin Patric Clair, Ph.D., Purdue University *Low-Fat Love* is absolutely brilliant. This new edition is a must-read for anyone who has lived, loved, dreamed, and at times, settled for less than what we deserve in other words, this is a book for everyone. Anne Harris, Ph.D., Monash University and Australian Research Fellow in Creativity and Arts in Education Patricia Leavy, Ph.D., is an internationally known independent scholar and novelist. She has published eighteen books including *Method Meets Art: Arts-Based Research Practice and Fiction as a Research Practice*. She was named the 2010 New England Sociologist of the Year by the New England Sociological Association and received the prestigious 2014 Special Achievement Award from the American Creativity Association. [www.patricialeavy.com](http://www.patricialeavy.com)

"Sometimes, when I read an especially wonderful book I say to myself, "I wish I had written that!" And that is how I feel about *Low-Fat Love*. To write a page-turner of a book that teaches about contemporary gender relationships is a major feat. Patricia Leavy has done that with *Low-Fat Love*. I would love to be in any college class or book group that was fortunate enough to be reading and discussing it. Brilliant!" Laurel Richardson, Ph.D., The Ohio State University "Patricia Leavy writes with passion, verve and skill. I would run, not stroll, to get a copy for yourself and all of the important people in your life. I will use this in my relational communication and women's studies classes because it is beautiful, relatable, and offers smart critique of how pop-culture's expectations for intimate relationships often lets us down. Leavy offers readers a way to think through their close relationships and demand better of themselves and others." Sandra L. Faulkner, Ph.D., Bowling Green State University "I couldn't put it down! *Low-Fat Love* is a remarkable novel that every women's studies class and interpersonal class would do well to read. The title is

indicative of the search for meaningful, deep, enriching relationships beyond the artificial, low-fat love that is all too pervasive in society today. I wholeheartedly recommend this book." Robin Patric Clair, Ph.D., Purdue University "My students LOVE the book. One keeps saying, 'I feel as if I am inside this story ... so colorful, so contemporary!'" Jeasik Cho, Ph.D., University of Wyoming "Low-Fat Love is absolutely brilliant. This new edition is a must-read for anyone who has lived, loved, dreamed, and at times, settled for less than what we deserve - in other words, this is a book for everyone. Get it now, set it on your course reading lists, and give it away for birthday and holiday gifts. It will change the way you think about identity, the media and popular culture, gender, communication, feminism, education, emotion, relationships, and the sociology of human being-ism." Anne Harris, Ph.D., Monash University