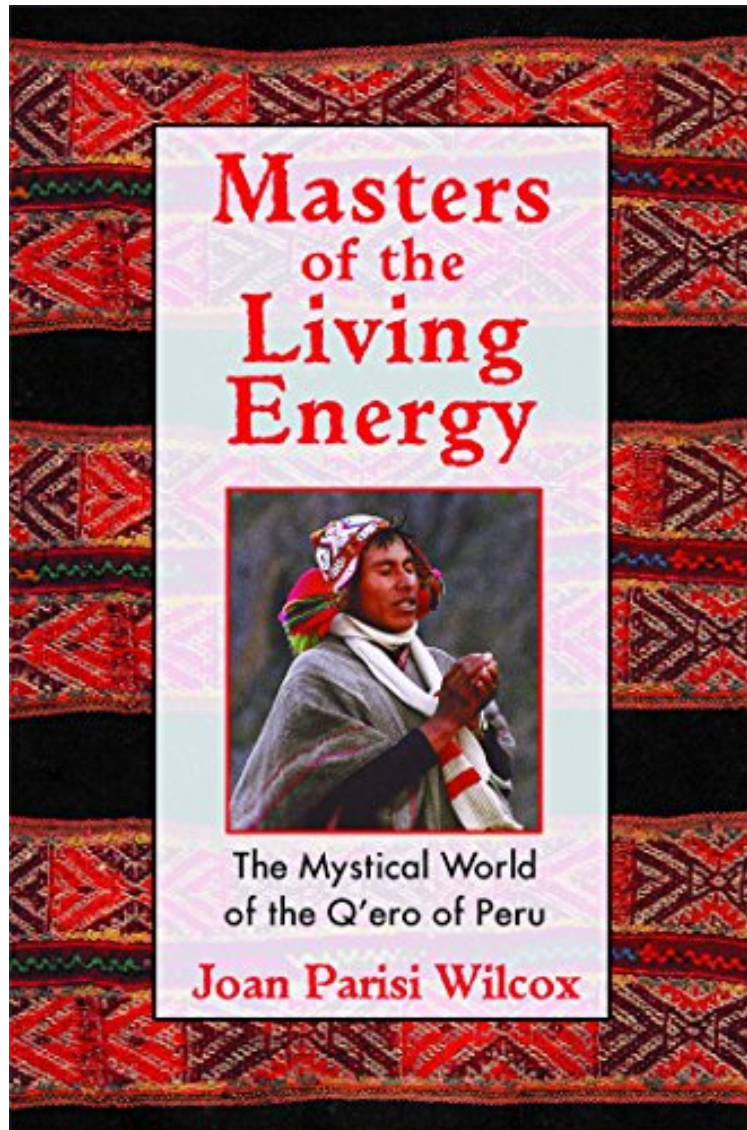


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Masters of the Living Energy: The Mystical World of the Q'ero of Peru

Joan Parisi Wilcox

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#58113 in Books Wilcox, Joan Parisi 2004-07-12 2004-07-12 Original language: English PDF # 1 9.00 x 1.00 x 6.00, 1.32 #File Name: 1594770123368 pages | File size: 24.Mb

Joan Parisi Wilcox : Masters of the Living Energy: The Mystical World of the Q'ero of Peru before purchasing it in order to gage whether or not it would be worth my time, and all praised Masters of the Living Energy: The Mystical World of the Q'ero of Peru:

0 of 0 people found the following review helpful. For those most curious about the Q'eros.....By Gator DreamsIt's difficult to find a well written book about the Q'ero. This is a long book and it does have some good information. I've

read several other books about the Q'ero and this one despite it's drawbacks is probably the most informative and least 'new agey'. The downside is it's a very slow read. The writing style is way too wordy for me and lack of editing doesn't help. She tends to overexplain. The author presents too much detailed (where I would have been happier with much less) and glosses over practical details where I wanted them. The Q'eros perspective (from my point of view) has some parallels with the Dine'(Navajo), so if you're well steeped in Dine', you might want to skip this one. If you're curious and want to know more about the Q'ero, this book is probably worth wading through....5 of 5 people found the following review helpful. Very easy to read and By Remy De Haas This is one of the must read books about Inca shamanism. If this is your path, this book is a must have. It explains in clear and concise language the different practices and rituals. Very easy to read and informative 3 of 3 people found the following review helpful. and especially Andean and Inca healing - this book is excellent and easily one of my favorites By Travis Bodick I read a ton of books on spirituality, and especially Andean and Inca healing - this book is excellent and easily one of my favorites. The philosophies of the Q'ero are some of the most enlightened and relateable that I have ever read. I actually read this book while spending the month in Cusco, and had time to work the Q'ero on a few occasions, and this book was helpful in adding to what I learned in person with the Q'ero. This book rocks in all ways - great read!

An intimate glimpse into the world of ancient Peruvian spiritual practice and cosmology Reveals the mysteries of the world of living energy (kawsay pacha) through intensive in-depth interviews with six Qero mystics Explores the energetics, spirits, tools, and practices of Andean mysticism--the real story behind the fictionalized accounts in The Celestine Prophecy Known as the keepers of the ancient knowledge, the Qero Indians of Peru are the most respected mystics of the south-central Andes. In 1996 Joan Parisi Wilcox traveled to the Andes and was able to record the mysteries of kawsay pacha, the multidimensional world of living energy, through more than 40 hours of intensive interviews with six Qero paqos, masters of the ancient spiritual traditions of Peru. The Qero are known for having preserved the Inca spiritual tradition more purely than any other indigenous population in the Andes. The in-depth interviews presented in this book recount the direct words of these masters so readers can discover for themselves the mind and heart space of these people. Four new chapters of this revised edition focus on the work of the mesa, the Andean form of a spiritual medicine bundle, and its use as a conduit for the healing energies of nature. The mesa is called the hearts fire because it represents the finest energy--the energy of compassion--that a paqo cultivates while walking the sacred path. Wilcox provides instructions on how to make, activate, and work with a mesa, as well as other practical exercises showing how we can use the power of the Andean spiritual tradition in our own lives.

"Joan Parisi Wilcox has given us a mature and sensitive portrait of a mystical system as seen through the eyes of its practitioners, the Q'ero. Written with heart and respect, this book is a gateway for serious seekers to discover the world of living energy and to learn how to live in harmony with nature and each other." (Deepak Chopra, author of The Seven Spiritual Laws of Success)"You will bring the word of the Q'ero to the world." (Don Mariano Apasa Marchaqa, Q'ero Master, speaking to the author)" . . . a really fabulous book! . . . if you have any interest in the 'Mystical Q'ero' (who had been thought of only as 'legends' before their re-appearance in the late 50's!), this is probably the most legitimate over-view that's out there . . . highly recommended!" (BTripp, LiVE JOURNAL, April 2009)"A treasury of shamanic knowledge and practices whose insights into an ancient wisdom can help those of us living in a modern society find attunement with nature and harmony within ourselves." (Kenneth Meadows, author of Shamanic Experience)"The Qero have preserved a path for which many in the modern world hunger and thirst--how to participate in a world of living energies." (William Sullivan, author of The Secret of the Incas)"Treats the beliefs and religion of the Quechua people with profound feeling and a deep identification seldom seen." (Jorge A. Flores Ochoa, professor of anthropology, National University of Cuzco, Peru)From the Back CoverINDIGINOUS CULTURES / SHAMANISM The Qero have preserved a path for which many in the modern world hunger and thirst--how to participate in a world of living energies. --William Sullivan, author of The Secret of the Incas Treats the beliefs and religion of the Quechua people with profound feeling and a deep identification seldom seen. --Jorge A. Flores Ochoa, professor of anthropology, National University of Cuzco, Peru A treasury of shamanic knowledge and practices whose insights into an ancient wisdom can help those of us living in a modern society find attunement with nature and harmony within ourselves. --Kenneth Meadows, author of Shamanic Experience Known as the keepers of the ancient knowledge, the Qero Indians of Peru are the most respected mystics of the south-central Andes. In 1996 Joan Parisi Wilcox traveled to the Andes and was able to record the mysteries of kawsay pacha, the multidimensional world of living energy, through intensive interviews with six Qero paqos, masters of the ancient spiritual traditions of Peru. The Qero are known for having preserved the Inca spiritual tradition more purely than any other indigenous population in the Andes. The in-depth interviews presented in this book recount the direct words of these masters so readers can discover for themselves the mind and heart space of these people. Several chapters focus on the work of the mesa, the Andean form of a spiritual medicine bundle, and its use as a conduit for the healing energies of nature. The mesa is called the hearts fire because it represents the finest energy--the energy of compassion--that a paqo cultivates while walking the sacred path. An Andean paqo provides instructions on how to make, activate, and work with a mesa, and

Wilcox provides other practical exercises showing how we can use the power of the Andean spiritual tradition in our own lives. JOAN PARISI WILCOX has been studying the spiritual arts of Peru since 1993 and has received the rites of the Qero and other Andean masters. She is the author of *Ayahuasca: The Visionary and Healing Powers of the Vine of the Soul* and has published articles in *Shamans Drum* and *Magical Blend*. She lives in North Carolina. About the AuthorJoan Parisi Wilcox has been studying the spiritual arts of Peru since 1993 and has received the rites of the Qero and other Andean masters. She is the author of *Ayahuasca: The Visionary and Healing Powers of the Vine of the Soul* and has published articles in *Shamans Drum* and *Magical Blend*. She lives in North Carolina.