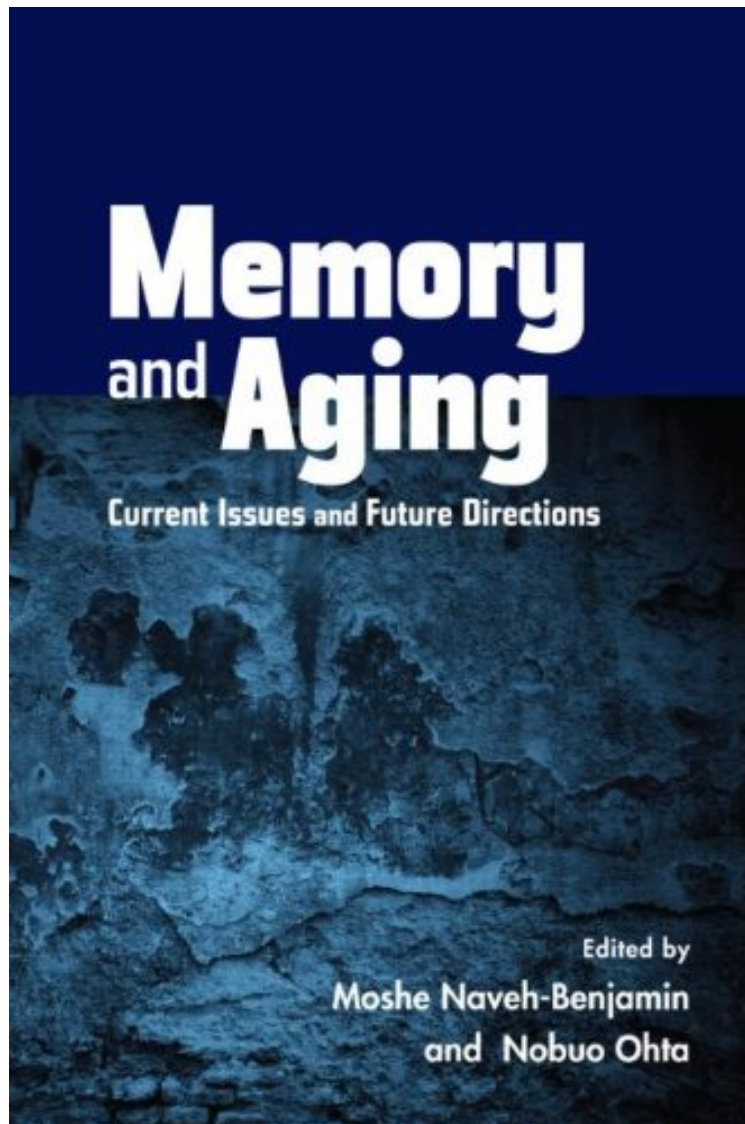


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Memory and Aging: Current Issues and Future Directions

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Current demographical patterns predict an aging worldwide population. It is projected that by 2050, more than 20% of the US population and 40% of the Japanese population will be older than 65. A dramatic increase in research on

memory and aging has emerged to understand the age-related changes in memory since the ability to learn new information and retrieve previously learned information is essential for successful aging, and allows older adults to adapt to changes in their environment, self-concept, and social roles. This volume represents the latest psychological research on different aspects of age-related changes in memory. Written by a group of leading international researchers, its chapters cover a broad array of issues concerning the changes that occur in memory as people grow older, including the mechanisms and processes underlying these age-related memory changes, how these changes interact with social and cultural environments, and potential programs intended to increase memory performance in old age. Similarly, the chapters draw upon diverse methodological approaches, including cross-cultural extreme group experimental designs, longitudinal designs assessing intra-participant change, and computational approaches and neuroimaging assessment. Together, they provide converging evidence for stability and change in memory as people grow older, for the underlying causes of these patterns, as well as for the heterogeneity in older adults performance. Memory and Aging is essential reading for researchers in memory, cognitive aging, and gerontology.

"This collection of related chapters by eminent researchers in the field provides an outstanding opportunity to catch up with the latest findings and theoretical insights in the important and highly relevant area of memory and aging. A noteworthy feature of the book is its broad coverage of issues: Age-related change in memory and cognition remains the dominant focus, but the topics range from biological correlates of these changes, through cognitive studies, to a consideration of the social, emotional and cultural contexts in which the changes are embedded. It is an excellent collection, and I recommend it highly to everyone interested in how memory changes as we age." -Fergus I.M. Craik, Ph.D., Rotman Research Institute, Canada "This is the book I will recommend to anyone asking about a state-of-the-art volume on aging memory. Students and researchers alike will find in it both empirical and theoretical inspirations." -Elizabeth Maylor, Ph.D., University of Warwick, United Kingdom "In this book, premier scientists summarize the state of the art in research on the aging of human memory. The focus is on various aspects of memory performance, including its socio-cultural ramifications and neural correlates. I strongly recommend this book to those wishing to obtain a comprehensive overview on memory functioning in adulthood and old age." -Ulman Lindenberger, Ph.D., Max Planck Institute for Human Development, Germany