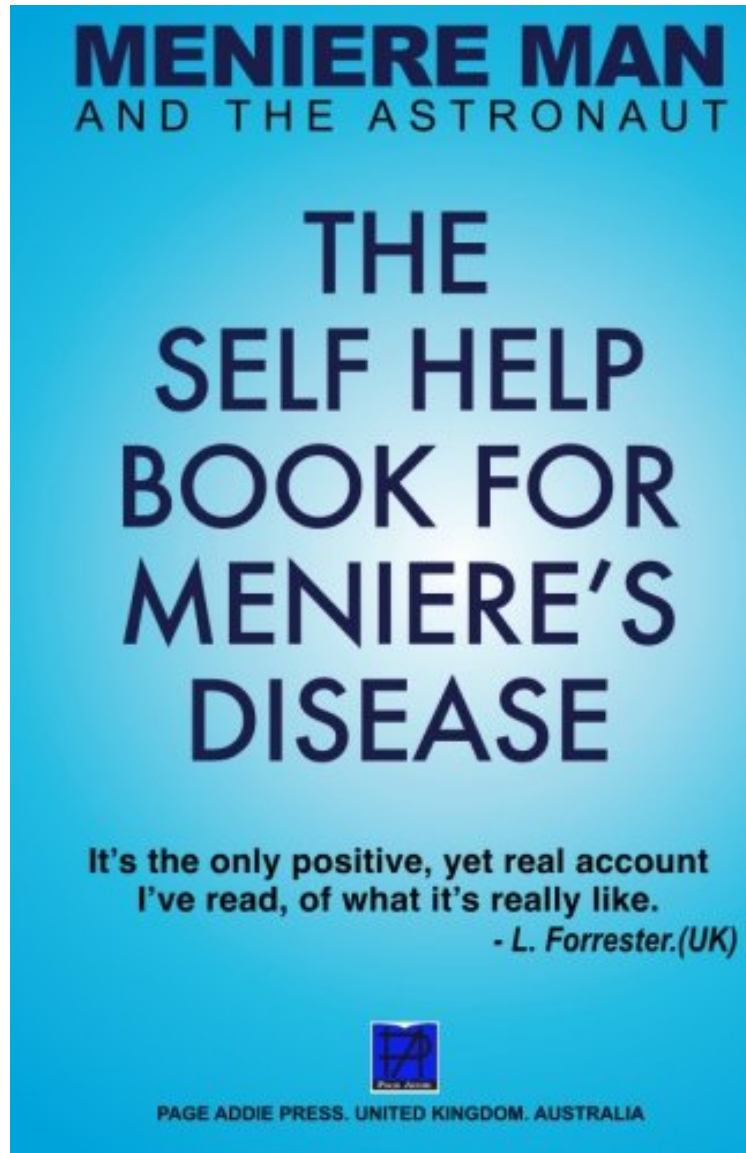


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Meniere Man And The Astronaut. The Self Help Book For Meniere's Disease

Meniere Man

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6 of 6 people found the following review helpful. great for meniere's sufferer and just as good for their loved ones

those close to themBy muskytroutLiked the simple easy reading story type style of the writing. Lots of good advice and encouragement. A very quick and easy read.I've had meniere's for 15 years and like the author vowed to not let it take over my life. A recent bout of flare ups with dizziness made me feel like I had lost control. After reading the book I will double my efforts to continue to win the fight and not be slowed by meniere's.1 of 1 people found the following review helpful. Have already found some good advise! Thank you Meniere ManBy Karen SchwarmJust received this book today. After recently been diagnosed with Meniere's Disease and after just having a vertigo attack 4 days ago, I am looking for some help! I have not been able to stop reading the book since I received it. Have already found some good advise! Thank you Meniere Man!4 of 4 people found the following review helpful. ... group therapy for all of us afflicted with this horrible disease no one really understandsBy JanThis is group therapy for all of us afflicted with this horrible disease no one really understands.

No known cure for Meniere's doesn't mean you can never get better. You can! In this book the Author explains absolutely everything he did to make a full recovery and get his life back. Recovery began with a desire to get "back to normal". He decided that you can't put a limit on anything in life. What he shares with you now, worked for the 100% recovery he experienced. Valuable self-help information every sufferer of Meniere's disease can use everyday. Direct-action, simple, practical, effective ways which, when applied, can help you get over Meniere's too.