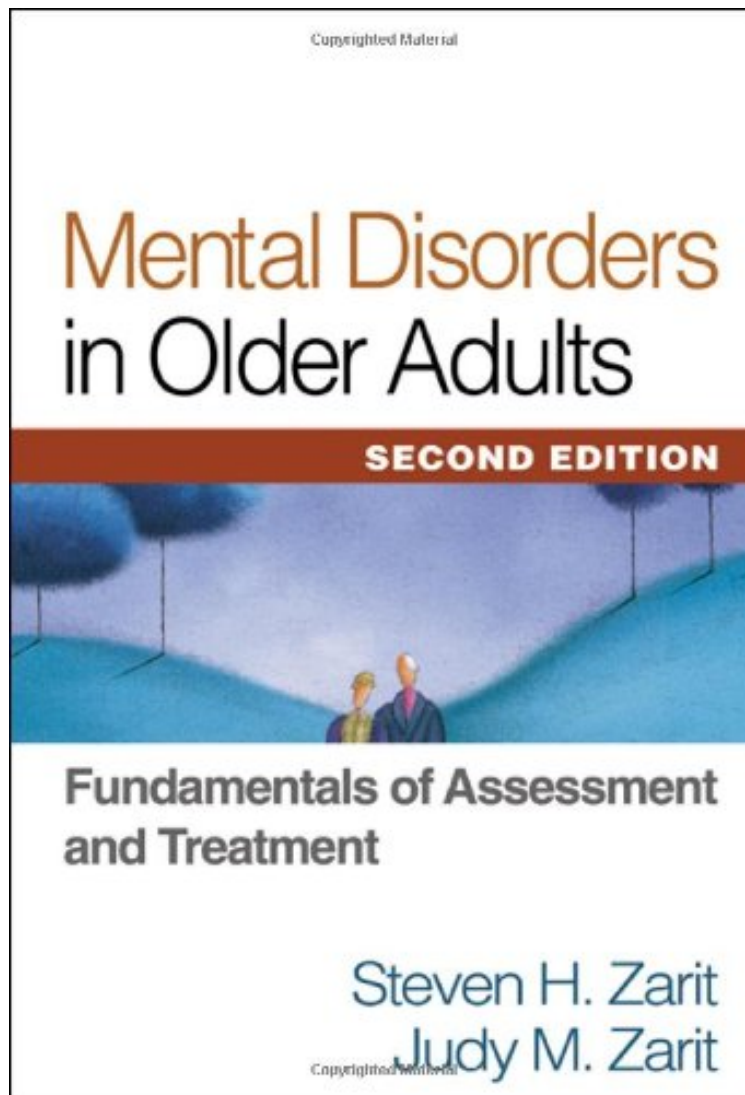


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Mental Disorders in Older Adults, Second Edition: Fundamentals of Assessment and Treatment

Steven H. Zarit PhD, Judy M. Zarit
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"This work offers an outstanding blend of scientific fact and clinical utility. The fields of gerontology and geriatrics have evolved substantially since the publication of the first edition, and this second edition captures the latest scientific advances for students and clinicians alike. Diagnosis of dementias, for example, is a complex and difficult task, but the authors make it clear and understandable with examples and tables."--Jerome Yesavage, MD, Stanford University School of Medicine "Knowledge and understanding in the field of mental health in later life has developed so much over the last decade that this second edition, which is comprehensive in scope and yet detailed and thorough in its approach, is a major achievement. I will recommend it equally to clinical psychologists-in-training and to experienced colleagues, and will use it with our psychology undergraduates taking elective courses in this field. I found the use of numerous detailed case studies most helpful in bringing to life the research and theory. There is so much clinical wisdom in this book that reading it is comparable to a supervision session with a really experienced clinician. The tone of the book is refreshing: optimism and hope emerge from every page, grounded in a realistic appraisal of what can be achieved and in respect for the value of each older person and his or her caregivers."--Bob Woods, Professor of Clinical Psychology with Older People, University of Wales, Bangor, UK "This second edition is an extraordinary guide for clinical professionals and graduate trainees who work with aging populations. The authors succeed in integrating clinical and research information in a highly readable, clinically relevant format. The case examples address the rich complexity of clinical psychology practice with aging populations, as well as the deeply satisfying nature of the work. For newcomers to the field, the book can function as a field guide. Anyone who engages in geriatric mental health services or research needs to read this book."--Sara Honn Qualls, PhD, University of Colorado at Colorado Springs